

We know it's not easy to balance caring responsibilities and finances, so we can help you to access the support you need to manage your money and reduce debt.

Our advisors can talk to you about your money matters when it comes to energy costs, benefits, general budgeting and a host of other areas too.

Sometimes you might want just a little bit of support in your caring role. For information and advice, please contact Carers Matter Norfolk on 0800 083 1148

Carer Money Matters can:

- **Help to maximise your income including checking you're receiving the correct benefits.**
- **Signpost you to get debt advice.**
- **Provide energy saving advice.**
- **Support with budgeting and money management.**
- **Ensure that you are aware of the Priority Services Register and support you to sign up.**
- **Raise awareness about gas safety and the actions that you can take to keep safe.**

Get in touch now to see how Carer Money Matters can help you.

0345 241 0954

carermoneymatters@caringtogether.org

Registered charity number 1091522

Do you live in Norfolk and are worried about finances for you or the people you're caring for?



Get free support with our Carer Money Matters service

**CARERS
TRUST**

 **Caring
Together
Charity**

Our Carer Money Matters service can help you understand, and get, the financial support you're entitled to.

We offer free advice on energy saving and energy debt. We can help you to get extra support from your energy supplier with things like meter readings, advance warnings of supply interruptions, and how to save on cooking and heating. You'll also get priority reconnection if your supply is interrupted. And we'll advise you on practical ways to reduce your energy bills that work for your individual circumstances.



Taking care of others means taking care of yourself. So, please get the help you need to help the people you care for.

To access our Carer Money Matters support, you'll need to be registered with us.

Find out more or register now.

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