

CORONAVIRUS

FELTWELL LOCAL ACTION GROUP

*Incorporating
Feltwell Parish Council, St Mary's Church, Feltwell Methodist Church,
Feltwell Social Club, Feltwellbeings and Befrienders groups,
the Edmund de Moundeford Trust along with other organisations*

YOU ARE NOT ALONE!

Dear Feltwell residents,

The Feltwell Local Action Group is here for you in this challenging and worrying time. We are here to assist village residents with accessing vital services within the village and beyond.

If you are unable to leave your home or are vulnerable in any way, we can help with:

- shopping
- collecting medications
- dog walking
- meals
- practical problems

If you need any help, please contact one of the following people who will be able to support you:

Berni McGeeney	07758 808455
Rev Joan Horan	01842 828034
Mike Wilkinson	07712 578721
Alicia Bradshaw	07808 834255
Cllr Martin Storey	07850 866854

***PLEASE KEEP THIS FLYER AS YOU MAY NEED
THIS INFORMATION IN COMING MONTHS***

Please turn over for further information

Good neighbours:

ONLY if it is safe for you and them to do so, please check in on older or vulnerable neighbours and encourage them to call the numbers overleaf if necessary.

Donations:

Any donations i.e.: food, toiletries, household cleaning products, please drop off at the doors of the Social Club on Mondays, Wednesdays and Fridays between 10.00 am and 12.00 noon where they will be organised and distributed as required. If we can help you (or someone in need that you know) in this way please contact **Alicia** on **07808 834255**.

Village Shops:

The One Stop and Londis are trying to keep well stocked and are more than willing to deliver to anyone who may need it. Phone **One Stop** on **01842 828148** or message via their Facebook page **One Stop Feltwell Post Office and Shop** or phone the **Londis** on **01842 827519**.

Hot meals:

Please call **Robert** at Feltwell Golf Club on **07376 182419** (there is a charge for these).

Scams:

Please don't hand over cash to anyone coming randomly to the door volunteering to do your shopping. If a volunteer working with this group is assigned to help you in this way, security mechanisms will be in place to guard against fraud. DO NOT allow anyone in wearing protective clothing pretending to be 'official'.

Volunteers needed: Please contact one of the coordinators listed if you are able to help with any of these tasks. We will compile a list of volunteers to call on when needed. Please tell us the days/times you could be available. Please phone **Joan** or **Berni** who will compile a volunteer list.

Health Services:

Telephone – 111

Website – www.111.nhs.uk

If you have symptoms of Coronavirus you are advised to use the 111 online checker – www.111.nhs.uk/covid-19

The advice is that you should only contact 111 if you are worried about your health or you have had symptoms for more than seven days.

Silver Line – A helpline for Older People – open 24 hours a day to offer support for loneliness and isolation.

Telephone - 0800 4 70 80 90

Website - www.thesilverline.org.uk

Age UK Norfolk – offers a range of services to older people in later life.

Telephone - 0300 500 1217

Website - www.ageuk.org.uk/norfolk

Mind – The Mental Health Charity

Telephone - 0300 123 3393 – open 9 – 6 Monday to Friday

Website - www.mind.org.uk

Statutory Services:

If you are suspicious or concerned about someone's safety, ring Norfolk County Council's Adult and Children's Social Services on **0344 800 8020**.

<https://www.norfolk.gov.uk/care-support-and-health/protecting-someone-from-harm/help-an-adult-at-risk-of-harm/report-a-concern>

Benefit & Money Advice:

Citizens Advice Brandon

Telephone - 01842 818202

Website – www.suffolkwestcab.org.uk

For any further information:

Norfolk County Council

Telephone - 0344 800 8020

Website – www.norfolk.gov.uk